

Activity 2. Flipping the Switch

Consider the following situations. Create a list, discuss, draw a picture, or encourage participants to act out the different ways one might communicate with each of following groups:

- FRIENDS
- FAMILY
- PROFESSIONAL (INTERVIEWER, EMPLOYER, TEACHER, ETC.)

Be sure to explore BOTH verbal language (what we say and how we say it, i.e., tone of voice) and non-verbal language (facial expressions, behavior, body language, etc.)

SITUATION 1: Saying hello or goodbye

Friends: _____

Family: _____

Professional: _____

SITUATION 2: Asking for help

Friends: _____

Family: _____

Professional: _____

SITUATION 3: Emailing or texting

Friends: _____

Family: _____

Professional: _____

SITUATION 4: Showing excitement

Friends: _____

Family: _____

Professional: _____

SITUATION 5: (Create your own)

Friends: _____

Family: _____

Professional: _____